



THE TAUTOKO RANGATAHI Times

The end of our first year of #BeFitKids and Tautoko Rangatahi us upon us! What a year it has been. We've not only seen the #BeFitKids achieve their goals, gain valuable self belief and discipline, but we've all had an awesome time doing so!

It's been an honour and a privilege to have been able to spend the past 2 cohorts with the #BeFitKids, communicating with the sponsors and with the 3B Fitness Club Family. Even those of us acting in the background have learnt some valuable lessons from each of you! I am sure we will all continue to learn and grow together well into the future.

2018 brings some big changes for a few of the #BeFitKids, with many transitioning to High School from Intermediate School, some venturing off to other regions to continue their education. All the best to those of you who will be relocating, the #BeFitKids and TR family will miss having you around!

UPCOMING EVENTS:

#BeFitKids Classes - Every
Monday, Wednesday and
Friday during the school
term, 4pm - 5pm

End Cohort 4
Friday 15th December
2017

Start Cohort 1 2018
Monday 5th February 2018

Term Dates

This Friday the 15th of December marks the last training session of the #BeFitKids for Cohort 4 and 2017! We understand some of the #BeFitKids have expressed the urge to want to continue training over the Christmas holiday break. If this is you, please contact the 3B Fitness Club crew for options!

Cohort 1 2018 will begin on Monday the 5th February 2018 at 4pm. #BeFitKids who have been accepted into Cohort 1 2018 will be issued acceptance letters in due course.

3B Fitness Club 1st Birthday / End of Year Celebrations

On Saturday the 9th December, the 3B Family, including Tautoko Rangatahi and the #BeFitKids were invited to attend the 3B Fitness Club 1st Birthday/End of Year Celebrations at Shads Buffet (the Furlong). There was a great turn out of smiling faces, it was great to see the #BeFitKids representation.

Tautoko Rangatahi were honoured to present four awards to the #BeFitKids for achievements made since Tautoko Rangatahi became involved at the beginning of Cohort 3. Our award recipients were as follows:

Best Attendee: Hone-Rata Hepi-Puke

Most Improved: TK Evans

Most Enthusiastic: Laela Maeda

Star Performer: Kaleece Potts-Broughton

We also presented the four 3B Fitness Club crew and Coaches with a small plaque to thank them for their selfless dedication to the #BeFitKids in 2017. Thank you so much to Brendon Broughton, Dessi Broughton, Jason Broughton and Jeremy Johnston. *"An excellent coach is hard to find, difficult to part with & impossible to forget".*

Congratulations and thank you to each of you!

2018 Sponsorship Invitation

With the close of Cohort 4 2017, begins the Sponsorship seeking round for 2018. If you are one of our previous sponsors, are a local business, or know of a local business who might be keen to jump in to sponsor a child into the #BeFitKids program in 2018, please contact us for more information! The cost is \$75 per cohort per "block" per sponsor. In return for your sponsorship, our #BeFitKids wear your name on their back's with pride during each training session, not to mention the pride you can feel for helping to be a part of changing a child's outlook on life!

Merry Christmas and a Happy New Year from Tautoko Rangatahi

We would like to finish by wishing each of you a very Merry and Safe Christmas and New Year! We hope your holiday season is filled with happiness, laughter and valuable time spent with those closest to you.

The Tautoko Rangatahi Times will be taking a break in January and will return in February 2018. Thank you all for your on-going support

Photos of Award Recipients from the 3B Fitness Club 1st Birthday/End of Year Celebrations



A HUGE THANK YOU TO OUR COHORT 4 SPONSORS



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